



**Psychology and Counseling Graduate Programs**

**College of Health Sciences**

**Annual Report**

**2015- 2016**

# Psychology and Counseling

## Annual Report 2015-2016

### Curriculum Revisions

For the 2015-2016 academic year, M.A. Counseling credit hours changed from 48 to 66 to prepare for the Texas LPC and MFT Board academic requirements of 60 hours beginning in September 2017.

The new curriculum:

#### **Core Curriculum (44 credit hours):**

- PSYC 5023 – Counseling Skills and Techniques
  - PSYC 5033 – Ethical, Legal & Professional Standards in Counseling and Marriage & Family Therapy Practice
- PSYC 5043 – Psychopathology: Diagnosis & Treatment of Mental Disorders
- PSYC 5053 – Research Methods
- PSYC 5073 – Lifespan Human Development
- PSYC 5093 – Counseling Diverse Populations
- PSYC 5113 – Human Sexuality & Sex Therapy
- PSYC 5123 – Cognitive-Behavioral Therapy
- PSYC 5133 – Psychological Testing, Clinical Appraisal and Diagnostic Evaluation in Counseling & MFT
- PSYC 5153 – Psychopharmacology
- PSYC 5172 – Healthy Family Functioning
- PSYC 5203 – Group Counseling Methods
- PSYC 5223 – Career Counseling and Lifestyle Development
- PSYC 6001 – Professional Seminar in Marriage & Family Therapy and Professional Counseling
- PSYC 6002 – Applied Lab & Treatment Planning
- PSYC 6013 – Counseling and MFT Practicum
- PSYC 6023 – Counseling and MFT Internship I

### **Clinical Theology Coursework: (8 credit hours)**

- PSYC 5012 – Integrative Theology for Counselors
- PSYC 5102 – Theological & Spiritual Dynamics in Counseling
- PSYC 5162 – Trauma and Theodicy
- PSYC 5202 – Professional, Personal & Spiritual Life of the Marriage and Family Therapist

### **Professional Counseling elective options (14 credit hours):**

- PSYC 5082 – Family Systems Theory & Therapies
- PSYC 5243 – Brief/Solution-Focused & Communication Approaches to MFT
- PSYC 5263 – Contextual, Narrative, & Interpersonal Therapies
- PSYC 5293 – Structural & Behavioral Approaches to Counseling & MFT
- PSYC 5383 – Family Assessment
- PSYC 5583 – Addictions Counseling  PSYC 5683 – Couples Therapy

### **Total Credit Hours: 66**

The new curriculum includes a three-day intensive at the campus in Longview. The course is PSYC 6002 Applied Lab and Treatment Planning, which includes an interview with the graduate psychology and counseling faculty to determine readiness for practicum.

PSYC 6001 Professional Seminar was also added and is taken during the student's last year. This course includes taking the CPCE and submitting a portfolio.

### Course Revisions

Based on feedback from students, on-site supervisors, program outcomes, and course evaluations, the graduate counseling faculty revised PSYC 5023 Counseling Skills, PSYC 5043 Psychopathology, and PSYC 5113 Human Sexuality and Sex Therapy. These courses changed from 7 weeks to full semester (15 weeks). The 15 week courses will begin Summer 2016.

Other revisions include changing PSYC 5053 Research Methods from a 7 week course to 15 week course and changing PSYC 5293 Structural Therapy from a 7 week course to a 15 week course.

### Overview of the Year

**Course Evaluations** are conducted at the end of each semester for every course. Students have an opportunity to evaluate both the course and the instructor by utilizing an online evaluation. This evaluation uses a 5-point Likert scale. Students also have an

opportunity to write comments and suggestions about the course and the instructor. This information is used to evaluate the courses and to help determine if revisions are needed.

The evaluations also serve to provide additional training to instructors as needed. For example, five instructors received scores below 4.0. These instructors received feedback and tips to help with improving communication in expressing clear expectations.

**Program Outcomes and Student Learning Outcomes** are evaluated at the end of each academic year. The university requires each academic area to provide an Institutional Effectiveness (IE) report. This report provides the program outcomes, course alignment, measurement tool, data collection process, target level of performance, results, and modifications. This data is discussed with the graduate faculty of the School of Psychology and Counseling and the Dean of College of Health Sciences. For the first time the SLO was not met for PSYC 5153 Psychopharmacology. Some students are showing difficulty in writing the research paper. Two students failed the assignment because of plagiarism. The modification is to add PSYC 5053 as a prerequisite. The other SLOs were met and no modifications were needed at this time; however, the SLOs will continue to be monitored.

**Student Remediation** is a means of helping students improve in specific areas. Remediation plans were developed for the students who plagiarized on their research papers. The graduate faculty recognize a deficit in tracking academic dishonesty and are working on ways to improve in this area. A remediation plan was also developed for a student who violated ethical standards at the practicum site.

**Student Professionalism** is an important component to the students' development as a counselor. The graduate faculty is working on developing better means of consistently assessing professionalism throughout the program. Currently professionalism is assessed during the student interview and in PSYC 6002 Applied Lab and Treatment Planning.

**Student Demographics** are collected with the help of the Registrar's Office. Below are tables of demographics for the degrees offered in the School of Psychology and Counseling:

<b>M.A. Counseling: LPC</b>	2015-2016
Full Time	12
Part Time	66
Full Time Equivalent	34

Total	78
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<b>M.A. Counseling: School Counseling</b>	2015-2016
Full Time	2
Part Time	13
Full Time Equivalent	6.33
Total	15

<b>M.A. Counseling: LMFT</b>	2015-2016
Full Time	0
Part Time	15
Full Time Equivalent	5
Total	15

MFT	MA Marriage & Family Therapy	<b>13</b>	<b>8</b>	<b>11</b>
	<i>Part-Time (1-8 hours)</i>	5	6	9
	<i>Full-Time (9+ hours)</i>	8	2	2
	<i>FTE (full-time + 1/3 part-time)</i>	9.67	4	5

<b>M.A. Counseling: LPC/LMFT (Dual Track)</b>	2015-2016
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Full Time	13
Part Time	62
Full Time Equivalent	33.7
Total	75

<b>M.A. Psychology</b>	2015-2016
Full Time	3
Part Time	33
Full Time Equivalent	14
Total	36

### Ethnicity

2015				
Ethnicity	Counseling	Psychology	Undeclared	TOTAL
American Indian/Alaskan Native	1	0	0	1
Asian	4	0	0	4
Black/African American	48	11	9	68
Hispanic	23	3	4	30
International	0	0	0	0
Two or more races	20	2	4	26
Unknown/Not Reported	17	2	0	19
White	81	18	8	107
<b>TOTAL</b>	<b>194</b>	<b>36</b>	<b>25</b>	<b>255</b>

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Ethnicity is based on federal guidelines for ethnicity reporting. International students are non-citizens in the US with a visa for educational purposes only.

### Completion Rates

Completions		2015-16	2014-15
<b>MA Counseling</b>			
LCDT	M.A. Couns Dual Conc	9	4
LMFT	MA In Counseling-LMFT	4	3
LPC	MA In Counseling-LPC	24	28
MFT	MA Marriage & Family Therapy	3	4
MSC	MA Counseling-School Coun	4	0
<b>Counseling TOTAL:</b>		<b>44</b>	<b>39</b>
MPSY	MA in Psychology	12	19
<b>GRAND TOTAL:</b>		<b>56</b>	<b>58</b>