

# Aspects of Wheelchair Mobility Tests

## Rough Surface

### Instructions:

After you travel for 4 minutes on a rough surface track, indicate your rating of the difficulty of moving.

- Answer the questions by placing a vertical mark on the line. **Mark anywhere along the line.**
- Do **not** circle the emoticon faces; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

**See the example below.**

### Example:

Rate the ease or difficulty of moving up a steep incline.



Comment: *It is hard to move! Very unstable- -the wheelchair almost fell back.*

Rate moving on a rough surface.



Comment: \_\_\_\_\_

For Administrator Use:

Participant ID: \_\_\_\_\_

Date: \_\_\_\_\_

Researcher Name: \_\_\_\_\_

[Track length (m) \_\_\_\_\_ × # of laps \_\_\_\_\_ ] + additional distance (m) \_\_\_\_\_ = total (m) \_\_\_\_\_

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## Smooth Surface

### Instructions:

After you travel for 4 minutes on a smooth surface track, indicate your rating of the difficulty of moving.

- Answer the questions by placing a vertical mark on the line. **Mark anywhere along the line.**
- Do **not** circle the emoticon faces; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

**See the example below.**

### Example:

Rate the ease or difficulty of moving up a steep incline.



Comment: *It is hard to move! Very unstable- -the wheelchair almost fell back.*

Rate moving on a smooth surface.



Comment: \_\_\_\_\_

For Administrator Use:

Participant ID: \_\_\_\_\_

Date: \_\_\_\_\_

Researcher Name: \_\_\_\_\_

[Track length (m) \_\_\_\_\_ × # of laps \_\_\_\_\_ ] + additional distance (m) \_\_\_\_\_ = total (m) \_\_\_\_\_

# Aspects of Wheelchair Mobility Tests

## Tight Spaces

### Instructions:

After you travel for 4 minutes on a tight spaces track, indicate your rating of the difficulty of moving.

- Answer the questions by placing a vertical mark on the line. **Mark anywhere along the line.**
- Do **not** circle the emoticon faces; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

**See the example below.**

### Example:

Rate the ease or difficulty of moving up a steep incline.



Comment: *It is hard to move! Very unstable- the wheelchair almost fell back.*

Rate moving in a tight space.



Comment: \_\_\_\_\_

For Administrator Use:

Participant ID: \_\_\_\_\_

Date: \_\_\_\_\_

Researcher Name: \_\_\_\_\_

[Track length (m) \_\_\_\_\_ × # of laps \_\_\_\_\_ ] + additional distance (m) \_\_\_\_\_ = total (m) \_\_\_\_\_